



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-FEBRUARY-2017



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	Roast Turkey w/Gravy Cornbread Stuffing Cranberry Sauce Prince Edward Blend Veggies. Oatnut Bread Fresh Apple	2	Beef Vegetable Soup Beef Meatballs in Sweet & Sour Sauce Fluffy White Rice Vegetable Medley Pumpkin Bread Mandarin Oranges	3	Grape Juice Hamburger w/Broth Sliced Tomatoes Leaf Lettuce Tortellini Salad Whole Grain Bun Fresh Banana
6	Apple Juice Stuffed Pepper w/Tomato Sauce White & Brown Rice Prince Edward Blend Vegetables Oatnut Bread Rocky Mountain Pudding/Chocolate Pudding /Marshmallows/Whipped Topp.	7	Country Style Soup Swedish Meatballs w/Gravy Over Egg Noodles Winter Mix Saltines Mandarin Oranges	8	NO CRT MEAL SERVED	9	Chicken Soup Chicken Jubilee Mashed Potatoes Spinach Saltines Tropical Fruit	10	Country Fried Steak w/Gravy Potato Puffs Peas & Diced Carrots 100% Whole Wheat Bread Fresh Orange
13	Italian Chicken w/Artichokes & Chickpeas Farfalle Noodles California Blend Vegetables 12-Grain Bread Pineapple Tidbits	14	CRT HAPPY VALENTINE'S DAY Russian Cabbage Soup Kielbasa Pierogies w/Onion Butter Sauce Sauerkraut Saltines Ice Cream Cup	15	Turkey Chow Mein Over Fluffy White Rice Bias Cut Carrots Pumpkin Bread Fresh Orange	16	Beef Barley Soup Roast Beef w/Gravy Baked Potato Sour Cream Broccoli Florets 100% Whole Wheat Bread Peaches & Pears	17	Pineapple Juice Hot Dog Baked Beans Red/Green Cabbage Coleslaw w/Shredded Carrots Hot Dog Roll Ketchup/Relish/Mustard Fruit Cocktail
20	CLOSED IN OBSERVANCE OF PRESIDENTS' DAY!	21	Grape Juice Stuffed Cabbage w/Italian Sauce Parslied Bowties Italian Mixed Vegetables Oatnut Bread Fruit Oatmeal Bar	22	NO CRT MEAL SERVED	23	Macaroni & Cheese Stewed Tom. & Zucchini Tossed Salad Greens w/Tomatoes/Cucumbers Ranch Dressing Wheat Dinner Roll Fresh Orange	24	Roast Turkey w/Gravy Sweet Potatoes w/Apples Brussel Sprouts Cranberry Sauce 12-Grain Bread Peaches & Pears
27	Meatloaf w/Gravy Garlic Smashed Potatoes Creamed Spinach Pumpkin Bread Fruit Cocktail	28	Orange-Pineapple Juice Chicken Stew w/Potatoes Over Biscuit Mixed Salad Greens w/Cherry Tomatoes/Cucumbers Ranch Dressing Peaches				To reserve a meal Call 763-7428 by noon the day before		

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)